

ANATOLY ARBER, M.D.
Board Certified in Anesthesiology & Pain Management
501 North Riverside Drive, Suite 213
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PROCEDURE INSTRUCTIONS

You have been scheduled for a procedure

This procedure will be done in Dr. Arber's office at the address above.

To prepare for this procedure you should let the doctor know of any medical problems you have and any medications that you are taking, **especially if you are taking any blood thinners like Coumadin or Plavix. YOU WILL NEED TO STOP ANY BLOOD THINNERS 5-7 DAYS BEFORE THE PROCEDURE.** Also, please make sure that the doctor is aware of any medications you are allergic to.

Please take ALL medications prescribed for you. Also, you may eat before this procedure. **DO NOT TAKE IBUPROFEN PRODUCTS THE DAY OF THE PROCEDURE (Advil or Motrin) ALL OTHER MEDICATIONS SHOULD BE TAKEN AS USUAL.**

Please be sure you take a shower before coming for this procedure.

You cannot drive yourself home from the procedure unless the doctor has told you otherwise. You will need to have someone with you to drive you home.

Please plan on spending about 1 to 1-½ hours at the office for this procedure. We do try our best to keep our scheduled appointment times. Please excuse any delays that may occur, you can be sure that you will be given the same quality care as all of our patients.

If you become ill: a cold, runny nose, sore throat, fever etc... Please give us a call as soon as possible. The procedure will need to be rescheduled when you are feeling better.

*****ATTENTION HMO PATIENTS:*****

**YOU WILL NEED A REFERRAL FOR THIS
PROCEDURE. CALL YOUR PRIMARY DOCTOR FOR
THE REFERRAL & PLEASE BE SURE THE
PROCEDURE**

WAS AUTHORIZED PRIOR TO THE APPOINTMENT.

*****YOU CANNOT BE SEEN WITHOUT A REFERRAL*****

